

Developing a Success Mindset - Worksheet

Which success mindset qualities are most important for you to develop first?

- Show gratitude to and for others.
- Plan and write down goals.
- Take calculated risks.
- Persistently push through difficulties.
- Turn mistakes into successes.
- Meditate/relax for control & balance.

- Make consistent progress.
- Keep an open mind.
- Explore new or different options.
- Maintain a positive attitude.
- Ask questions and for assistance.
- Associate with inspiring people.

You have done all of these things at least once. However, once is not enough to develop a highly successful mindset. It takes practice. Choose 6-8 of these qualities to develop over time and fill in the details about each below.



I want to develop _____

I currently practice this by:

I do this (*choose one*): daily ___ weekly ___ monthly ___ other: _____

I can develop this quality more thoroughly by _____



I want to develop _____

I currently practice this by:

I do this (*choose one*): daily ___ weekly ___ monthly ___ other: _____

I can develop this quality more thoroughly by _____

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